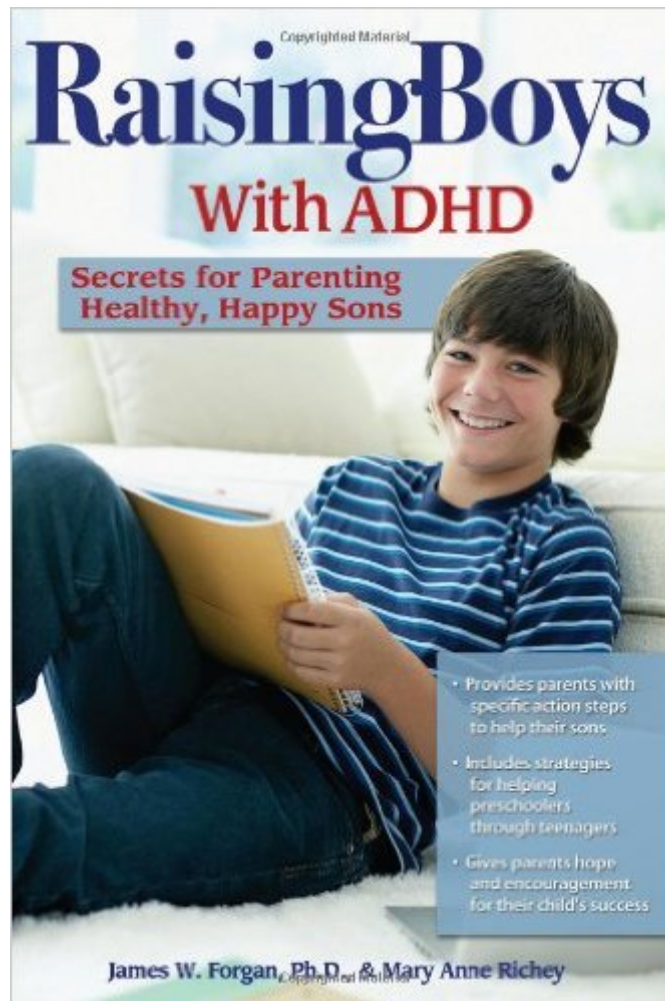


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# Raising Boys With ADHD: Secrets For Parenting Healthy, Happy Sons



## Synopsis

Written by two professionals who have "been there and done that" with their own sons with ADHD, "Raising Boys With ADHD" empowers parents to help their sons with ADHD find success in school and beyond. The book covers topics not often found in other parenting guides such as the preschool years and early diagnosis and strategies for teens transitioning to work and college. Filled with practical knowledge, resources, and tools needed to help parents address the many strengths and challenges of boys with ADHD, this book provides parents with encouragement and hope for the future.

## Book Information

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## Customer Reviews

As other reviewers have stated, the authors are parents and Psychologists, and this is they simply and with first-hand knowledge explain ADHD itself and the multiple options used to "treat" it. My struggle was with medication, like most parents. They explain most of the medications mentioned by the Pediatrician and their side effects as well as the results they've witnessed with some of these medications. They are also very candid to tell parents that there are risks to Not medicating a child who is struggling to focus in all of life's parts. My struggle was also with whether my son was just "being a boy", immature, inattentive (ADHD), or if it was my parenting causing his behavior. They deal with all of this as you read through the book. Its a very easy read, too. Not cumbersome and wordy like many books. You will be glad you bought it if you have questions like I did.

My 8 year old daughter has ADHD. I got this book assuming that there isn't that much difference

between boys and girls and I feel I was correct. I just replaced son/boy for daughter/girl and the book was very relevant. I really like that this book is new - 2012. It gives lots of advice for planning your child's 504 or IEP. Some alternatives to traditional school were listed. In general I thought this book was very good. I like that the authors weren't anti-medication.

Although this book was bought to help me with my 9 year old son, I think many of the chapters can help girls with ADHD just as well. I found myself shaking my head in agreement when the book described what happens when a boy plays video games and it's time to end them. Very good examples and easy to read. I skipped over the high school and early years sections since they were not applicable at this time. It is very different to discipline an ADHD boy than a normal boy and this book gives some great ideas of what will work and what will not.

My son has been diagnosed with ADHD for 6 years - so I've had some time to acquire knowledge about the subject. I purchased this book hoping that I could garner some insights about strategies I hadn't yet tried. I found that there was great information that can be applicable for parents new to the field and parents that have been in this boat for years. There were a lot of ideas on therapies you may not have tried, strategies you can try at home, and tips for helping teachers help your son. I made notes and tabbed sections that I thought were insightful. I find myself calmer and yelling a little less because I am reminded that many reactions I receive are the result of the ADHD. Although this is not new information - reading the book was a great refresher. Nothing was "dumbed-down" and I found that very helpful - particularly in the discussion of the medications. I would suggest this book for anyone with a boy that has been diagnosed with ADD/ADHD and even to families with boys in general. The strategies can be used for all boys.

I am not alone in this world!!! The book describes absolutely everything I have been through with my ADHD boy, and it filled me with comfort!!! There is light at the end of the tunnel, a must read for everyone who cares about a ADHD boy!!!!

James Forgan and Mary Anne Richey are both experts in the field of ADHD and have written an incredibly thorough and educational book for parents of boys with ADHD. This book is quite empowering, as parents are provided with an in-depth understanding of ADHD along with a "tool kit" that is chock full of helpful parenting strategies. Every parent will be able to relate to this book's clear and concrete layout. This comprehensive book addresses ADHD in the context of the

developmental stages of infancy through beyond the teenage years, so parents will be able to continuously refer to it as their sons develop. It is a welcome addition to the field of ADHD.

I have been reading this book and it has been such a comfort to me. A huge weight has been lifted off my chest. I can't put it down. I find myself feeling like someone has peered into my life. What better resource for gaining knowledge, parenting techniques and support than two experienced professionals (who are parents of sons with ADHD). They have been there.....This book is a great resource and tool. It gave me a better understanding about boys with ADHD. My son is 6 years old. A very outgoing, funny and happy boy. But, with the challenges of school getting greater, I see a change in his self esteem. "Raising Boys with ADHD- Secrets for Parenting Healthy, Happy Sons" is a great resource which focuses on building the strengths and addresses the challenges of boys with ADHD. It gave me parenting techniques I can use to enhance his strengths and build his self esteem. I highly recommend this book to anyone with a boy with ADHD.

I loved this book. Great insights for what I should do as a father for my son and how I should react to the frustrations we encounter. I really learned a lot about ADHD and what my son is going through. I always figured I knew about ADHD and what would be best for my son to help him get through it. I was wrong, and this book really helped me adjust my parenting style to suit my sons needs in a more constructive and effective manner. While I don't believe I was ever a bad father, this book has really helped me up my standards to how I approach raising a son with ADHD and I am a better father for it. Another thing to note regarding this book is you might not have to read all of it right away as some parts are geared towards your son at certain ages. The sooner you identify ADHD in your child the more impact you can have in controlling it. If you suspect your child has a problem its worth it to buy this book quickly and even if your son doesn't have this its still a good read.

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